

## ADDITIONAL RESOURCES



<https://fcali.org/>

100 E. Old Country Road  
Mineola, NY 11501  
(516) 746-0350



<http://www.namign.org/>

NAMI Queens/Nassau,  
1981 Marcus Ave., Suite C117, Lake Success, NY 11042  
(516) 326-0797



<https://centralnassau.org/>

950 S. Oyster Bay Rd, Hicksville, NY 11801  
(516) 822-6111

NORTH SHORE CHILD & FAMILY



where kids and families find hope and healing

<https://www.northshorechildguidance.org/>

480 Old Westbury Road,  
Roslyn Heights, NY 11577  
(516) 626-1971

Long Island **Crisis Center**  
It's OK to ask for help

**24/7 Crisis Hotline: (516) 679-1111**



<https://www.nimh.nih.gov/health/index.shtml>

**Call 911** if you or someone you know is in immediate danger or go to the nearest emergency room.

### National Suicide Prevention Lifeline

**Call 988**

People who are deaf, hard of hearing, or have hearing loss can contact the Lifeline via TTY at 1-800-799-4889.

### Crisis Text Line

**Text "HELLO" to 741741**

The Crisis Text hotline is available 24 hours a day, seven days a week throughout the U.S.