

A Prevention Education Initiative  
For Older Adults & Senior Citizens

Join us at the  
**Unitarian Universalist  
Congregation at  
Shelter Rock  
Social Hall**

**Wednesday, June 14, 2017**

**1:00 PM**

# **Generation Rx Safe Medication Practices in Today's Prescription Drug Epidemic**

A Panel Discussion featuring

- **Reisa Berg, LMSW**  
Director of Education and Prevention  
Long Island Council on Alcoholism and  
Drug Dependence (LICADD)
- **Howard Jacobson, R.Ph.**  
President, Long Island Pharmacists Society
- **Richard Koffler LCSW-R, CASAC-G**  
*It's Never too Late:* Nationally Recognized  
Older Adults Chemical Dependency Outreach Program
- **Paulette Phillippe**  
Advisory Committee Member  
Families in Support of Treatment (F.I.S.T.)  
Senior Citizen who lost her grandchild to opioid overdose



According to the National Institute on Drug Abuse, as of 2014, prescription drug misuse or abuse is increasing among people in their fifties. Older adults are likely to experience more problems with relatively small amounts of medications because of increased medication sensitivity, and slower metabolism and elimination. Older adults are at higher risk for medication misuse than the general population because of their elevated rates of pain, sleep disorders/insomnia, and anxiety.

This program is sponsored by the Caring Committee of the Unitarian Universalist Congregation at Shelter Rock  
For more information or to RSVP, contact

**Kimberly Rossiter, Minister Assistant at 516-472-2941 or Manhasset CASA at 516-267-7548**

