



Sector Meeting Minutes
Thursday, September 27, 2012
Manhasset High School
9:00 am

Attendance: Lisa Belinsky, SCA HS President (Parent); Charlie Cardillo, Manhasset UFSD Superintendent (School); Cindy Cardinal, Nassau County Legislator Judi Bosworth Office (Govt.); Grace Cavallo, St. Mary's HS (School); Officer Pete Chuchill, Nassau County Police(Law Enforcement); Theresa Curry, Manhasset UFSD Coordinator Science & Health (School); Deirdre Curtis (CASA Board Member); MaryLou DeVenoge (Parent/St.Mary's); Mayor Barbara Donno (Govt-NYS Senator Jack Martin's Office and Plandome Manor); Lisa Ganz, Youth Coordinator, LICADD (Other); Ed Garofolo (CASA Board); Semiramis Geiger, Manhasset HS CASA Representative (Parent); Vincent Gschlecht, St. Mary's HS (School); Griffin Hyde, Manhasset HS Student Senate (Youth); Councilwoman Anna Kaplan (Govt); Caroline Kenlon (Parent/SCA); Nicole Kiprilov, Manhasset HS Student Senate (Youth); Charles Leone, Manhasset UFSD (School); Anna Lyons Long Island Volunteer Center (Civic/Volunteer); Carol Meschkow, LI Tobacco Action Coalition (Other); Susan Nolan, Manhasset Public Library (Youth Serving Org); Rev. Jimmy Only, Congregational Church (Religious); Gene Petracca, (Parent); Rick Terenzi, PhD., (Other-Former NS Hospital Drug Treatment & Education Center); Nancy Schlaefer, Shelter Rock SCA President (Parent); Rosa Stein (Parent/SCA); Fran Reid, Town of North Hempstead (Govt); Cathy Samuels, Manhasset CASA Project Director (CASA); Dean Schlanger, Manhasset HS Principal (School); Michaela Sheridan, Manhasset MS President (Parent); Lisbeth Shibley, Manhasset CASA Executive Director & President (CASA); Mark Sippin, Manhasset HS Assistance Principal (School); Laura Tranchina, (Parent/SCA).

Welcome & Introductions by Lisbeth Shibley and Cathy Samuels

Mark Sippin discussed Guidance Night Meetings (grades 9-12) with condensed MADD Power of Parents Presentation provided by Cathy Samuels at each evening meeting; school breathalyzer policy and behavior and social expectations for each grade were also discussed. Since the Breathalyzer policy Mark remarked there has been a substantial drop in students suspected of being under the influence of alcohol. Cathy Samuels discussed the Frosh, Soph, Junior Prom & Senior Prom mailings to include *AAP's A Parent's Guide to Teen Parties*. These mailings will go out to parents before each dance highlighting the district behavior policy and consequences and Breathalyzer policy. Theresa Curry discussed *The Great Body Shop – Comprehensive Health Curriculum* Grades K-6, and 8th & 10th grade health curriculums. TGBS is implemented in grades K-6 by the classroom teachers. Grades eight and ten are instructed by certified health teachers using the *NYS Guidance Document for Health*. (TGBS curriculum also meets all state and federal guidelines for health.) Cathy Samuels advised the group that CASA continually provides further material to enhance the prevention and substance abuse education messages throughout the curriculum.

Lisbeth Shibley reported on the Red Watch Band training for 12th grade students in May, which included a very successful alcohol emergency response training provided by certified EMT's and qualified educators. The American Heart Association recognized CASA for this outstanding program providing skills and training to help students recognize that alcohol overdoes is a medical emergency.

Cathy Samuels spoke for the school social workers who were trained in Teen Intervene by the Long Island Council on Alcoholism and Drug Dependency. This program is an evidenced based response to teens suspected of abusing alcohol and/or drugs. It is being implemented in the High School counseling department. Cathy Samuels reported that CASA attended the Manhasset Student Senate meeting and discussed the National *Above*

the Influence campaign and ways for the group to become active in promoting the message. It was decided that any student attending the student/parent meeting on October 18th would receive an ATI promotional item. Mark Sippin and Cathy Samuels agreed to make outreach to the Green & Nutrition Clubs for this promotion too.

Cathy Samuels reported for the SCA Red Ribbon week committee that Dr. Stephen Dewey's "The Teen Brain: Still Under Construction" Thursday, October 18, 2012 7:30 p.m. at Manhasset High School would be the highlight of the week's events. Dr. Rick Terenzi reported that Dr. Dewey's presentation is powerful and insightful for parents and teens especially. All were invited. Cathy Samuels reported that CASA and the district will be implementing the Bach Harrison Prevention Needs Assessment Survey in January 2013. Implementation of the 2011 surveys in English classes was a success and the district seeks to execute the same way again.

Reverend Jimmy Only reported on the scheduled Clergy/CASA Luncheon Wednesday, October 3, 2012. Jimmy also passed out copies of Reverend Lori Burgess's Spring 2012 sermon on a parent's role in the prevention of underage drinking. Jimmy asked that other community groups consider writing letters to the editor or publicizing the message that parents have a huge impact on their children's choices when it comes to drugs and alcohol. Charlie Cardillo thanked Jimmy for all his efforts on behalf of the school district.

Councilwoman Anna Kaplan and Cathy Samuels reported on the distribution of the *NIAAA's Practitioner's Guide: Alcohol Screening and Brief Intervention for Youth*. This booklet is scheduled to go out in October/November to all local pediatricians.

Fran Reid reported that the TNH Pharmaceutical Take Back Event is scheduled for Saturday, October 20, 2012 9:30 am – 2:00 pm. Fran advised she is working to get an email alert sent out over the North Shore Alert system. Cathy Samuels reported that the Green Club will be putting up flyers in town and the school will do a connected phone message the night before the event. Fran reported about the success of the two prior events hosted in Manhasset yielded over 360 and 330 pounds of pharmaceuticals. Cathy Samuels reported on the 500+ mailing to local doctors/dentists regarding Prescription Drug Abuse. Included in the mailing will be a SAMHSA resource booklet targeting doctors and a parenting resource from parents.theantidrug website that CASA will make available to their offices.

Officer Churchill from the 3rd Precinct gave an extensive report about the current state of the Nassau County Police Department. Officer Churchill commented on the closing of the 6th Precinct, the consolidation of the force as well as the overall feeling of low morale among officers. He reported on the substantially reduced force with only two officers remaining in the P.O.P. division. Lisbeth Shibley expressed concern over the lack of enforcement of the underage drinking laws and the Nassau County Social Host Law. Officer Churchill suggested a meeting be set up with Commander Sean McCarthy to express community concerns. It was suggested that CASA meet with Legislator Judi Bosworth to help CASA facilitate a productive meeting.

Carol Menchcow reported on the Tobacco Action Coalition of Long Island. Carol remarked that Manhasset CASA was one of the best and most well run organization of the many local groups and coalitions she meets with regularly. She expressed interest in continuing her work with Manhasset youth groups to help them understand the media messages that tobacco companies use to target youth.

Cathy Samuels reported for the elementary Red Ribbon Week (10/13-21) Committee that all planning has gone smoothly. Parent education mailings will be from RRW Committee, CASA, SCA and the school district. Elementary activities will be similar to year's past. Tim Grace, President of TGBS will give student presentations in both schools and meet with staff and administration to answer questions and explain new online components of TGBS curriculum. Lisbeth Shibley reported that the first CASA Coffee is scheduled for, Thursday, November 8, 2012 9:30 am Manhasset High School. It is hoped that this coffee will facilitate an open dialogue between parents on current trends in substance use among our youth and will include MADD's *Power of Parents* Presentation to help parents communicate with their teens.

Cathy Samuels and Lisbeth Shibley reported that CASA is currently seeking approval to distribute the guide, *A Parent's Guide to Teen Parties Brochure*. This guide will be produced by CASA with information from the American Academy of Pediatrics. CASA seeks their approval from the AAP to publish and distribute to parents district wide.

The meeting concluded with a discussion of why the role of every Sector is important to teens in the community and asked Sectors to take action between meetings to help us extend our reach within the community.

The meeting was adjourned at 11am.

2012 – 2013 MEETINGS & EVENTS:

- **Sunday, September 28, 2012** 12 noon – 4:00 pm – Stop by CASA's Table at the Chamber's Day in the Park
- **Saturday, October 13 – 21, 2012** – Red Ribbon Week
 - **Thursday, October 18, 2012** 7:30 p.m. Manhasset High School
Dr. Stephen Dewey presents "The Teen Brain: Still Under Construction"
6:00 p.m. Student Presentation
 - **Saturday, October 20, 2012 9:30 – 2:00 p.m.** Manhasset Parks District Parking Lot
Town of North Hempstead Pharmaceutical Take Back Event (see flyers)
- **Thursday, November 8, 2012 9:30 am** Manhasset High School Board Room
CASA Coffee (Parents Grades 7,8 & 9)
- **Thursday, January 31, 2012** – CASA Sector Meeting
- **Monday, March 18- 22, 2013** – SCA/CASA Health & Fitness Week
- **Wednesday, March 20, 2013** – 7:30 pm CASA Town Hall Meeting
- **Thursday, May 16, 2012 9:30 am** – CASA Sector Meeting