



Drug Reclamation



***A Collaboration to
Protect the
Environment,
Increase Education
&
Promote Awareness
of Prescription Drug
Misuse***



Town Of North Hempstead

- **June 2009 1st Take Back Event in Nassau County by partnering with Nassau County Police**



Town Of North Hempstead



- To date, the TONH Pharmaceutical Collection Program has collected over 3000 lbs. pharmaceuticals
- Permanent part of TONH STOP (Stop Throwing out Pollutants) Program
- 2011 EPA Environmental Quality Award



Manhasset CASA

Fall 2010 Lock Your Meds Campaign



- **Collaboration** to engage the community to discuss prescription drug misuse and decrease teen access to prescription and over – the counter drug misuse



- **Use of National Family Partnership's campaign slogan**

***Lock Your Meds
Be Aware Don't Share***

Publicity and Education

BRIDGE NEWS

We are back at Our Lady of Grace Center and the bridge winners on Tuesday evening, October 5 were: North/South: Eva Elias Smith and Louis Lessinger, first place; Naomi Korobow and Rich Peri, second place; Hadasah Klein and Carol Penn, third place; Renee Hand and Manny Kaplan, fourth place; Anne Shuckler and Barbara Donohue, fifth place; Lori Furst and Rhyan Hindewer, sixth place.

East/West winners were: Gail Schneider and Henry Wolf, first place; Mona and Arthur Krolecki, second place; Bonnie Ballant and Dina Koss, third place; Marilyn Borella and Davis Popper, fourth place; Sybil Camik, Cliffmatt and Jack Price, fifth place; Carolyn Flapan and Paul Penn, sixth place.

Congratulations to all our bridge winners!

Budget Proposal

(continued from page 3)

the same taxes but now it will just be associated with someone else's budget. Shifting the burden of an assessed system that is still broken to another taxing entity is an abdication of responsibility.

Legislator Wayne Wink (D-Brooklyn) also spoke at the conference. "This administration is being voted in by the Legislature," Wink said. "Whether it is the \$60 million in proposed savings through union concessions or the elimination of the county's majority of tax certificate refunds, which is claimed to save \$80 million a year in the next year, the administration is counting on savings that will likely be subject to extensive litigation."

"The County Executive has proposed eliminating the County Guarantee and will look to have towns, schools and other municipalities bear the cost of tax certiorari refunds."

MANHASSET PRESS - OCTOBER 14, 2010 23

Drugs, Dealers, Danger...Just a Click Away. Are You Watching Your Teens Online? ...Who Is?

The Internet unopinionated can be a world of temptation. Pushing-peddling pills and make-yourself drug recipes. Dealers glorifying marijuana. Bogus "pharmacists" filling orders without prescriptions. "Friends" sending text or instant messages about which parties will have pot or alcohol.

With all the advantages they bring, these technologies, such as Web sites, blogs, spam and text messages, can also expose teens to threats like dangerous drugs and put them in contact with dealers or sexual predators. What can you do? More importantly, what should you do? Parents need to monitor their teens' activities and help them recognize the temptations in the digital world. Here's how:

- Learn about the digital devices your teen uses. Visit his Web page or send a text message to her cell phone.
- Be clear and consistent about what is off limits—including which Web sites, chat rooms, games or blogs—and how to handle information promoting drugs or sex. Discuss consequences for breaking these rules.
- Use technology to help monitor your teen. See for yourself what's posted on social networking sites your teen visits by setting up your own account. Use text messaging to check in with your teen after school.
- Know whom your teen is communicating with. Ask who is on his/her cell phone and instant message contact lists. Use every available opportunity to meet and get to know their friends and their parents.
- Limit your teen's time spent online, and put computers in a common area of the house so you can more easily monitor their use.

Above all, don't feel uncomfortable with these tactics. You can do it. You're supposed to do it. Because you owe it to them. For more e-monitoring tips and information on how to use technology to keep your teen drug-free, visit www.TheAntiDrug.com, or call 1-800-788-2800.

Signed,

www.TheAntiDrug.com



LOCK YOUR MEDS

70% of teens who abuse prescription drugs get them from friends & family.

Be Aware. Don't Share.

A PHARMACEUTICAL TAKE-BACK EVENT

Saturday, October 23, 2010
9:30 a.m. to 3:00 p.m.
Manhasset High School

Join your community and clean out your medicine cabinet of any prescription or over-the-counter drugs that may be expired, unused or unwanted. Discard these items in an environmentally safe manner while protecting your kids!

Instructions:

- Keep all medications in their original containers
- Block out the name for anonymity --- Do not cross out medication information
- Illegal drugs may also be dropped off anonymously

ACCEPTED	NOT ACCEPTED
Prescription medications (controlled & uncontrolled)	Sharps (e.g. needles and Syringes)
All over-the-counter medications	IV bags
Medication samples	Bloody or infectious waste
Pet Medications	Pharmaceutical waste not generated by households (e.g. clinics, pharmacies, hospitals, doctors, etc.)
Vitamins & supplements	Radioactive pharmaceuticals
Medicated ointments, lotions, creams & oils	Vaccines
Inhalers	
Liquid medication	
Homeopathic Remedies	
Suppositories	

Protect Your Children Protect Our Environment

For more information about how to dispose of pharmaceuticals safely call 311 or go to www.northhempsteadny.gov



MANHASSET PRESS - DECEMBER 9, 2010

Manhasset CASA Reminds Parents of Over-the-Counter Medicine Abuse

As part of its *Lock Your Meds: Be Aware Don't Share* Awareness Campaign, Manhasset CASA reminds parents of the dangers of over-the-counter cough medicine as it is readily available to teens in medicine cabinets, drug stores and supermarkets. Teens have code-names for it: *Stittles, Robo, Triple Cs, Dex, Tussin, and Vitamin D* and it is the practice of getting high by taking large doses of over-the-counter (OTC) cough medications.

The "high" is caused by dextromethorphan, known familiarly as DXM, and is an active ingredient in more than 100 nonprescription cough syrups, tablets, and gel caps like Dimesapp DM, Robussin, Sudafed and Vicks 44. A normal dose of cough medicine is 15-30 milligrams. Nationally, teens report having taken 25-50 times the recommended doses.

DXM, when used as directed, has a long history of being safe and effective. However, when taken in large doses, it can produce a hallucinogenic high, along with dangerous side effects, caused by the DXM itself or other active ingredients in the medicine. Among them are stomach pain and heart problems, as well as delusions, depression, high blood pressure, loss of consciousness, nausea and vomiting, numbness, rashes, and seizures.

DXM reported overdoses typically occur in clusters, as word about the "high" spreads in a community's middle and high schools.

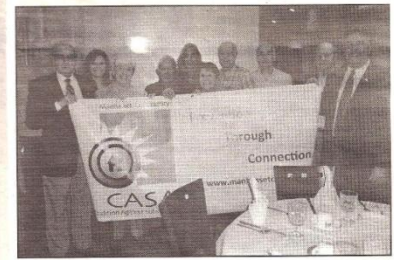
According to 2009 data collected by the National Institute on Drug Abuse's Monitoring the Future study, the intentional abuse of cough medicine among eighth, 10th, and 12th graders is at 3.8 percent, 6 percent, and 5.9 percent, respectively.

Possible Signs of Abuse

Some possible signs of abuse might include your teen: making frequent purchases of OTC cough preparations from the same or different stores, or from the Internet (for example, note the arrival of unexpected packages); hiding cough medicine bottles in his/her bedroom; exhibiting odd behavior; declining grades; having a loss of interest in friends and activities; or experiencing hallucinations and/or any of the side-effects mentioned above.

As part of the *Lock Your Meds: Be Aware Don't Share* Awareness Campaign, CASA reminds parents to be vigilant about their medicine cabinets. Know what's in there, keep track of your medicines, and discard OTC and prescription medications that you don't need. If you suspect a problem, immediately contact a local substance abuse prevention intervention professional, such as your pediatrician or family doctor.

For further information regarding teen cough medicine abuse or the *Lock Your Meds* campaign, please contact Manhasset CASA at 516-267-7548 or go to www.manhassetcasa.org.



Manhasset CASA recently met with Rotary Club members to discuss its *Lock Your Meds: Be Aware Don't Share* Campaign. Pictured left to right are Rotary members: Fred Grigori, Bob Mitchell, Cathy Samuels, Manhasset CASA, Sue Lucarelli, Tony DiStefano, Lisbeth Shibley, Manhasset CASA, Brenda Damiani, Dick Law, Lee McAllister, Tony Buzizza and Robbie Dvornik.

Collaboration with Clergy

THE CONGREGATIONAL CHURCH OF MANHASSET
(United Church of Christ)

TWENTY-FIFTH SUNDAY AFTER PENTECOST
NOVEMBER 14, 2010
10 A.M.

Ministers

Rev. James E. Brown Only
Rev. Lori C. Burgess

Church Administrator
Donna George Marchese

Ministry of Music

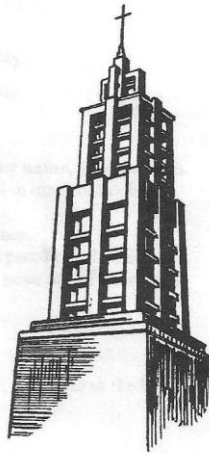
Craig Tocher
Judith Feuss

1845 Northern Boulevard, Manhasset, NY 11030

Phone (516) 627-4911

Fax (516) 627-4963

www.uccmanhasset.org



26 MANHASSET PRESS - OCTOBER 21, 2010

MANHASSET PRESS
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Letters to the Editor

Manhasset Clergy Encourage Talking With Your Children About Prescription Drug Abuse

Last week clergy and laity representing eight local houses of worship met with representatives from the Manhasset Coalition Against Substance Abuse (CASA) and were confronted with a harsh reality: prescription drug abuse among our nation's youth is at an all-time high, ranking just behind alcohol and marijuana abuse. As the clergy of your town, we wish to be of help.

The research is clear: parental involvement in your child's school/community, as well as setting boundaries and monitoring behavior, are the keys to raising safe, healthy and drug-free children. Naturally, actions speak louder than words, so we need to examine the kind of example we are setting. Most importantly, we need to talk and listen to our children. Just as we needed to teach them to tie their shoes and ride a bicycle, we need to teach them about the dangers of substance abuse, including prescription and over the counter drugs. These conversations should start when our children are young and continue until they are adults.

The Manhasset Clergy recognize that the discussion about the harmful effects of substance abuse cannot stop at any one door. We are pleased to collaborate with Manhasset CASA in their Lock Your Meds: Be Aware Don't Share Prescription Drug Misuse Awareness Campaign, including the pharmaceutical take-back event this Saturday, Oct. 23. The campaign works in partnership with the entire community to provide information regarding the health and safety risks of prescription medication misuse with a primary focus on keeping prescription and over the counter pharmaceuticals away from our youth. Parent resources are available to you at CASA's website at www.manhassetcasa.org.

We hope you will talk with your children about prescription drug abuse. A clear and consistent message at home will reinforce a child's ability to make healthy decisions. The benefits from talking to your child can last a lifetime, and indeed make a lifetime last.

The Manhasset Clergy Association

Then minutes later Officer Reteigis left a message telling me that Officer Pettenato and two good Samaritans found Luca on Plandome Road, were bringing her home and to "stay put." I cannot tell you how grateful and relieved I was. Luca was suffering from bone cancer, could hardly walk, but apparently had her last "hurray" to Plandome Road.

My daughter and her husband were in Hong Kong. Luca is a pit bull. I took her collar off thinking she would be more comfortable (my fault), very people friendly, but her saviors did not know this and still took the trouble to help her. Thank you all for caring about a stray animal.

She's since had to be put down, but spent her last day with her owners, who did come home in time, and then Luca left us with dreams of a walk to Plandome Road and some very nice humans.

Gladys Kuhn,
Rebekka, McIn and Luca

Nothing Is Free

I recently read in the *Manhasset Press* that the Village of Muncy Park received a grant of \$50,000 from the Dormitory Authority to fund sidewalk repairs in the village. This was apparently obtained through the efforts of Craig Johnson, our state senator. This is nothing more than a "member item" used by state politicians whose primary goal is to get elected or re-elected. Let us look at the facts:

1. I am a longtime resident of the village and I was unaware that there is a pressing need for sidewalk repairs in the village. If there is, the mayor and the trustees should go to the residents, explain the need and ask for voter approval. We should not have to depend on state, federal or Dormitory Authority funds to finance our needs.

2. The money from the DA is not a gift to the village but is supplied by bonds i.e. debt. The interest on the bonds is paid by us, the taxpayers. If the residents want to incur debt, do it at the local level where we can have a say on how our money is spent.

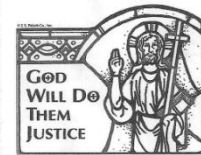
I do not know Craig Johnson. He is probably a nice guy. However, he suffers from one fatal flaw. He is a member of a dysfunctional state legislature that is riddled with corruption. Let us not forget the

bad behavior of those less you are the Secreta transplant surgeon, you cell phone. This short le "Manhasset reaction." Se respect? I posed this que priests of St. Mary's. W for an adult to do at Mas a) Play with an iPad. b) Drink from a water c) Bring your kid dr practice d) None of the above. He replied, "The con but I'll settle for C." I were going on in pees a I'm not the most pious p etc. I doubt I'm even in street. Indeed I find it h attention during Mass, my make shopping lists, at Fighting Irish football quite count as Catholic. do show up and bring Sunday because I have ol smidgen of maturity to r nate 1 am. We have a ros in a nice town, we're en our health. The balls are ice cream. So if God was and listen to someone e for only an hour a week, sacrifice. And if I get la have a religious thought, dress grow up and leave may do as I once did and months on end. When though, perhaps they will sense to return...and kn show up at soccer in cha the other way around. A one less thing to apologiz



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Msgr. John J. McCann, Pastor
Fr. Allan Sikorski, Associate Pastor
Deacon Frank Bice
Deacon Charles Kammerer
Dr. Jo-Ann Metzdorff, Pastoral Associate
Msgr. John J. Skelly, Pastor Emeritus



Twenty-Ninth
Sunday
in
Ordinary Time
October 17, 2010

Secret Campaign Cash Is Wrong Our Democracy

It's just wrong. Secret should have no place in democracy. But now we're sams of money from secret into campaign advertising, negative advertising that waves. Special interests are lions and millions of dollars and it threatens to desec of individual voters. A

Collaboration with Schools

WHEN IT COMES TO TEEN PRESCRIPTION DRUG ABUSE, PARENTS NEED EDUCATION AS WELL.

You care about your students. And you probably know them as well as anyone. That's why you should be aware that while teen drug use is down overall, one category is actually on the rise — the abuse of prescription drugs. In fact, there are more new abusers (12 and older) of prescription drugs — such as pain relievers, depressants, and stimulants — than there are of marijuana.¹ Between 1995 and 2005, the number of substance abuse treatment admissions for prescription pain relievers increased by more than 300%.² The bottom line is clear: **Abusing prescription drugs can have serious consequences and ruin promising lives.**

Most students use prescription drugs appropriately — to treat attention deficit hyperactivity disorder (ADHD), anxiety, and physical pain. There is, however, a growing trend of students using and sharing these drugs to get high, often in combination with other drugs or alcohol. Seventy percent of students aged 12 and older who abuse pain relievers say they get them from a friend or relative.³ Obtaining these drugs can be as easy as opening the family medicine cabinet, a friend's purse, or locker. And since there is no smoke or smell, prescription drug abuse can be hard to detect.

This problem can be prevented. And as a school professional, you play an important role. Learn to recognize the signs and symptoms of prescription drug abuse, and encourage parents, grandparents, and other adults to:

- Safeguard all drugs in their homes. Monitor quantities and control access.
- Set clear rules for teens about all drug use, including not sharing medicine and always following the medical provider's advice and dosages.
- Be a good role model by following these same rules with their own medicines.
- Properly conceal and dispose of old or unused medicines in the trash.
- Ask friends and family to safeguard their prescription drugs as well.

For more information on prescription drug disposal guidelines, as well as the risks, signs, and symptoms of teen prescription drug abuse, visit www.TheAntiDrug.com, or call 1-800-788-2800.

Signed,



¹ SAMHSA, 2006 National Survey on Drug Use and Health (September 2007).
² Treatment Episode Data Set, SAMHSA, 1995-2005.
³ SAMHSA, 2006 National Survey on Drug Use and Health (September 2007).

Office of National Drug Control Policy

PARENTS.
THE ANTI-DRUG.



Things You Can Do

- Remove drugs from your medicine cabinet and hide them, lock them up or take them out of your house
- Safeguard all medicines that have to remain at home by monitoring quantities and controlling access
- Take inventory by writing down the names and amounts of medications you currently have and regularly check to see if anything is missing
- Monitor the dosages and refills if your child is on prescribed medication. Set clear rules, such as, not sharing and always following proper dosages
- Warn your youngsters that taking prescription or OTC drugs without a doctor's supervision can be just as dangerous and potentially lethal as taking street drugs
- Supervise your child's Internet use: many pharmacy sites are not regulated and will sell your child medications without prescriptions

For more information about how to dispose of pharmaceuticals safely call 311 or go to www.northhempsteadny.gov



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Signed,



www.TheAntiDrug.com

PARENTS.
THE ANTI-DRUG.

Office of National Drug Control Policy

Collaboration with TONH



- At no cost to Manhasset CASA or the Manhasset School District, the town
- Hosted and promoted the Saturday event and collected 360lbs of expired and unwanted pharmaceuticals from the community;
- Used its reverse 311 calling system to advertise take back event to over 4,000 Manhasset residents with campaign message and event promotion from a key community representative.

CASA + TONH + Schools + Police + Community



October 23, 2010
1st Pharmaceutical
Take Back Event on
school property
collecting 360 lbs.
of pharmaceuticals
(50 lbs. narcotics).



Developing a Take Back Event



Manhasset Community



CASA

Coalition Against Substance Abuse

- The Town Of North Hempstead Recycling Partnership Program is proud to offer each school that participates in our North Hempstead Recycling Partnership Program the opportunity to have a Pharmaceutical Collection Event in their district
CONTACT: FRAN REID 516-767-4836
- Manhasset CASA Lock Your Meds Campaign materials available online at www.manhassetcasa.org

Resources

- www.lockyourmeds.org



- www.prescriptiondrugabuse.org

- www.cadca.org/resources/detail/rx-abuse-prevention-toolkit



- www.theantidrug.com/resources



- www.americanmedicinechestchallenge.org



- www.stopmedicineabuse.org



- <http://www.oasas.state.ny.us/publications/index.cfm>

- www.nida.nih.gov/

