

# 2010 Town Hall Meeting



**Teens Don't Just Drink...  
They Drink to Excess**

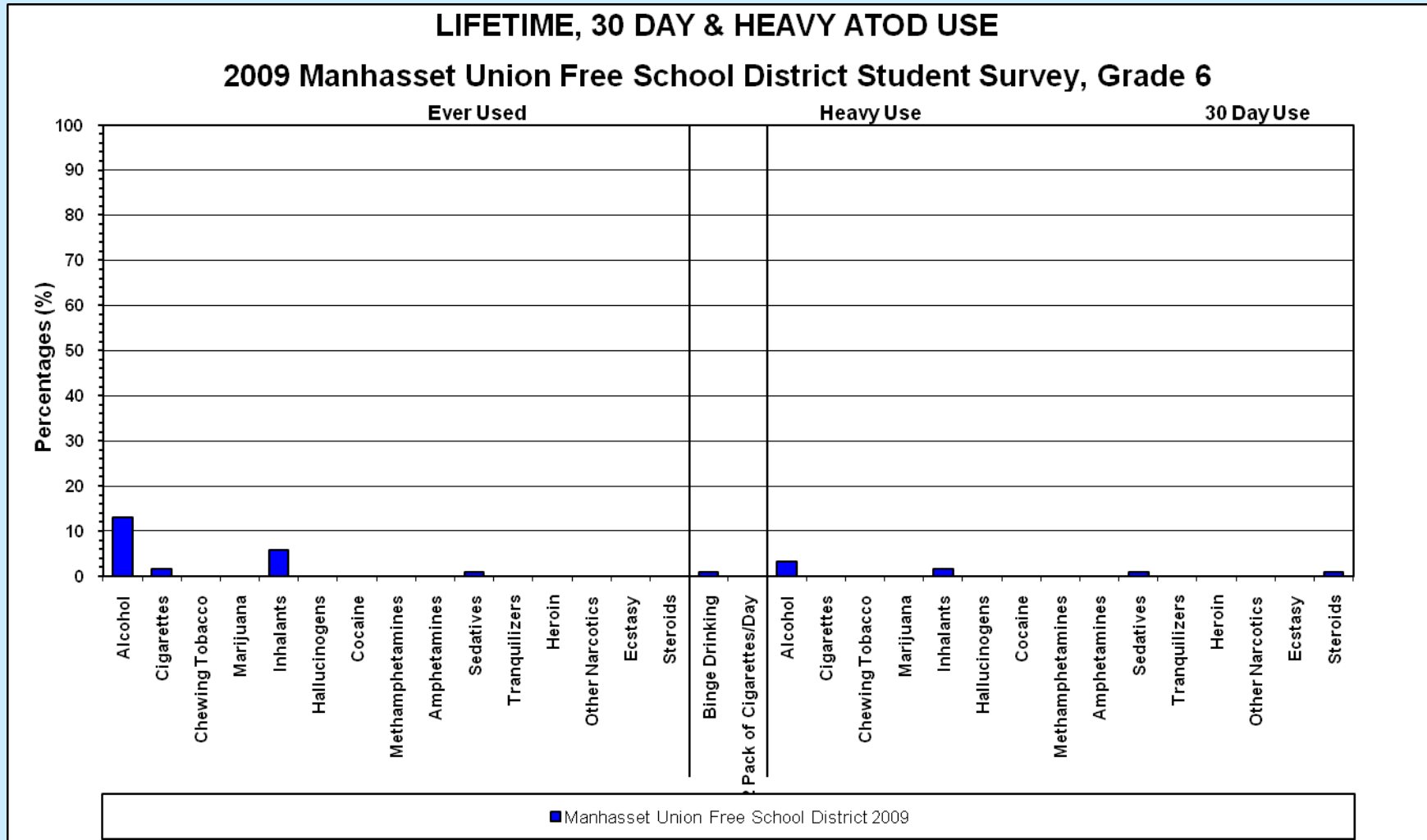
[www.manhassetcasa.org](http://www.manhassetcasa.org)

*CASA's mission is to mobilize families, schools, and the community to meet the challenges of tobacco, alcohol and other drug abuse through a comprehensive plan, overseen by a Project Director, to promote and maintain the environment and skills necessary for children to make healthy and responsible choices.*

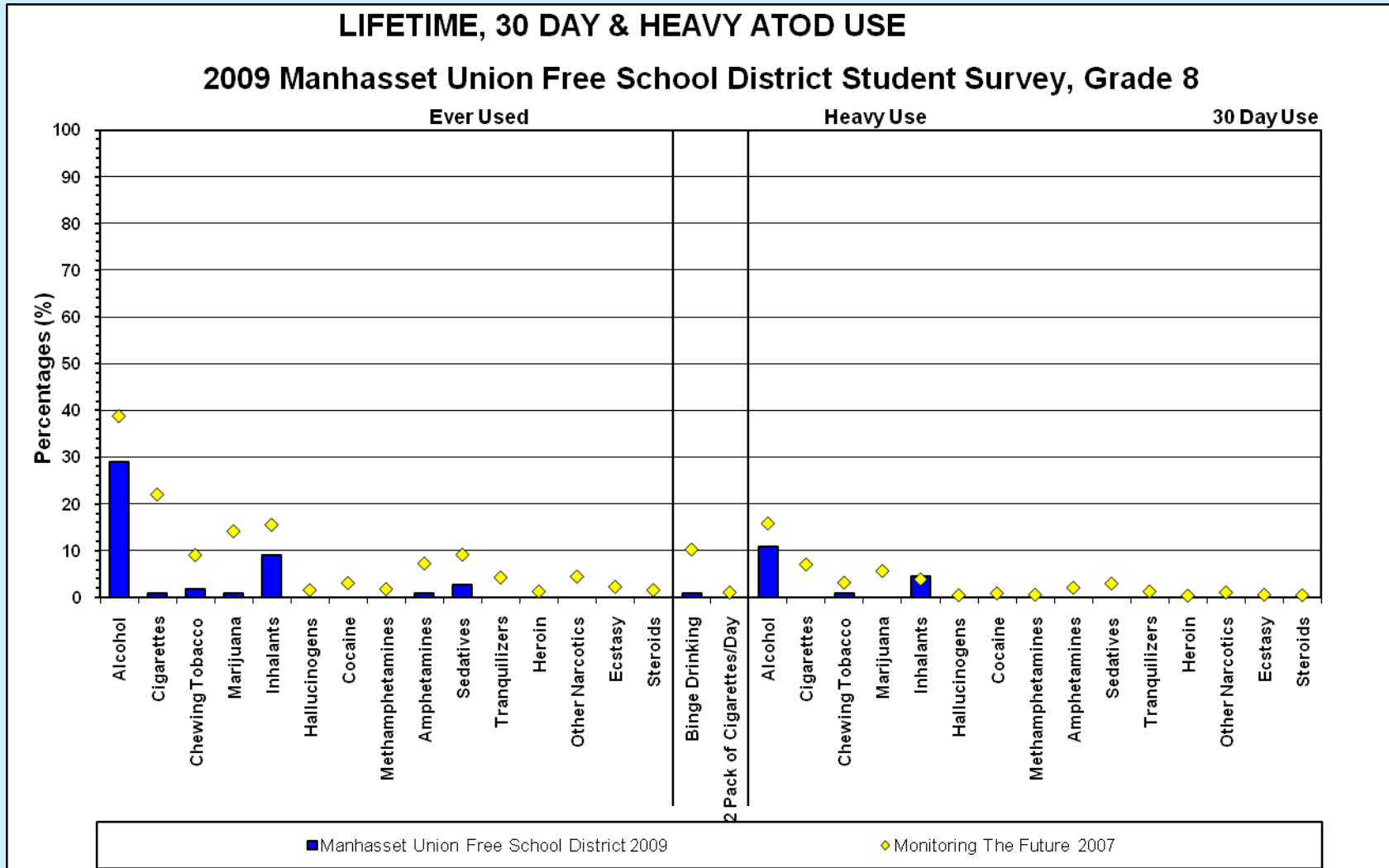
# Why a Town Hall Meeting?

- **APRIL IS ALCOHOL AWARENESS MONTH:**
  - More than 1,700 community based organizations will conduct meetings to discuss what can be done to prevent and reduce underage drinking
- **NATIONAL SCOPE OF UNDERAGE DRINKING:**
  - 10.1 million underage youth (age 12-20) are current alcohol drinkers
  - 17.4 percent of underage youth engaged in binge drinking during the past month
  - 16.7 percent of youth age 18-20 have driven under the influence of alcohol in the past year (SAMHSA News Release 4/1/2010)
- **PREVENTION THROUGH CONNECTION:**
  - Manhasset CASA is working across the community to engage all in an open dialogue to reduce underage drinking and its often devastating consequences

# 2009 Bach Harrison Results



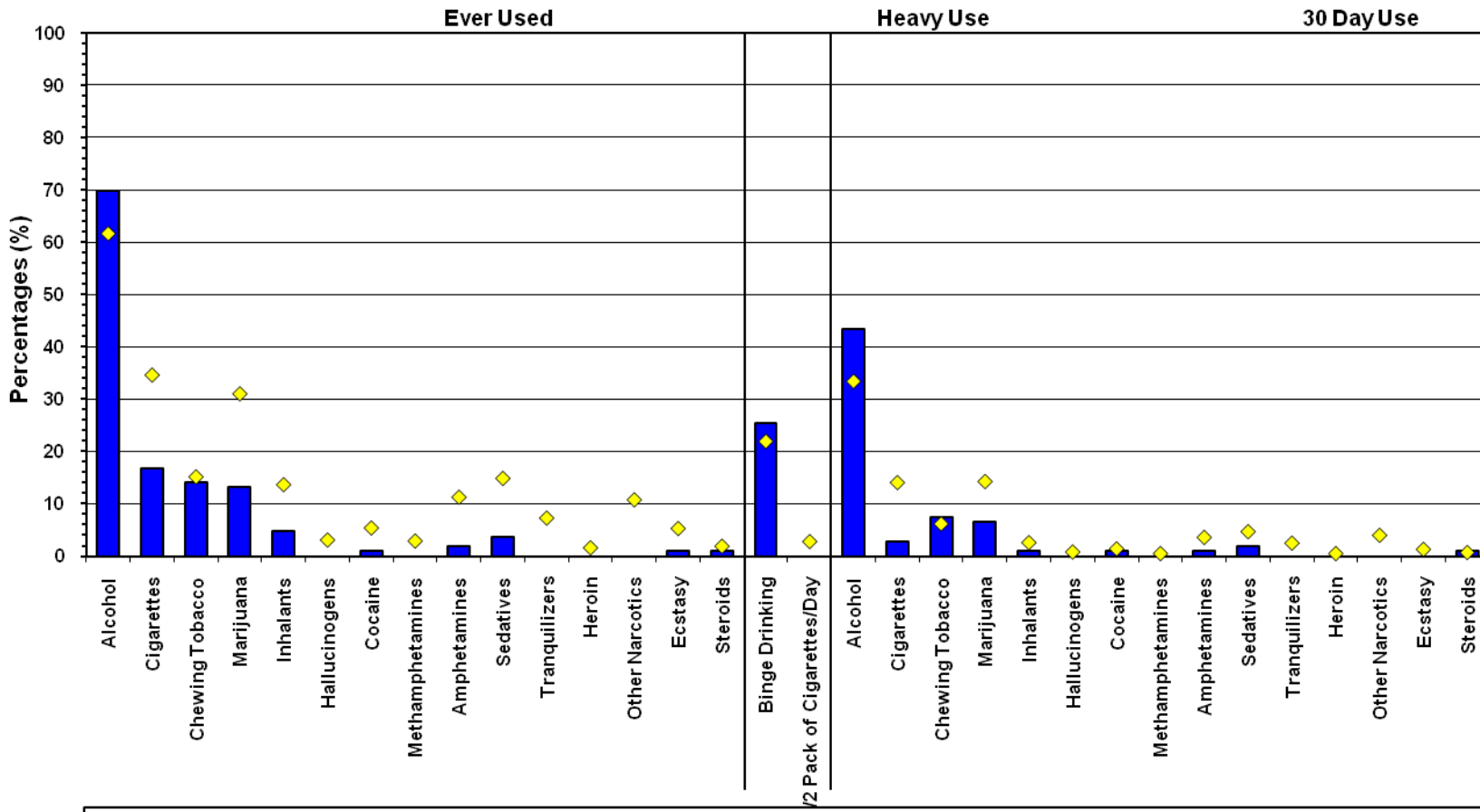
# 2009 Bach Harrison Results



# 2009 Bach Harrison Results

## LIFETIME, 30 DAY & HEAVY ATOD USE

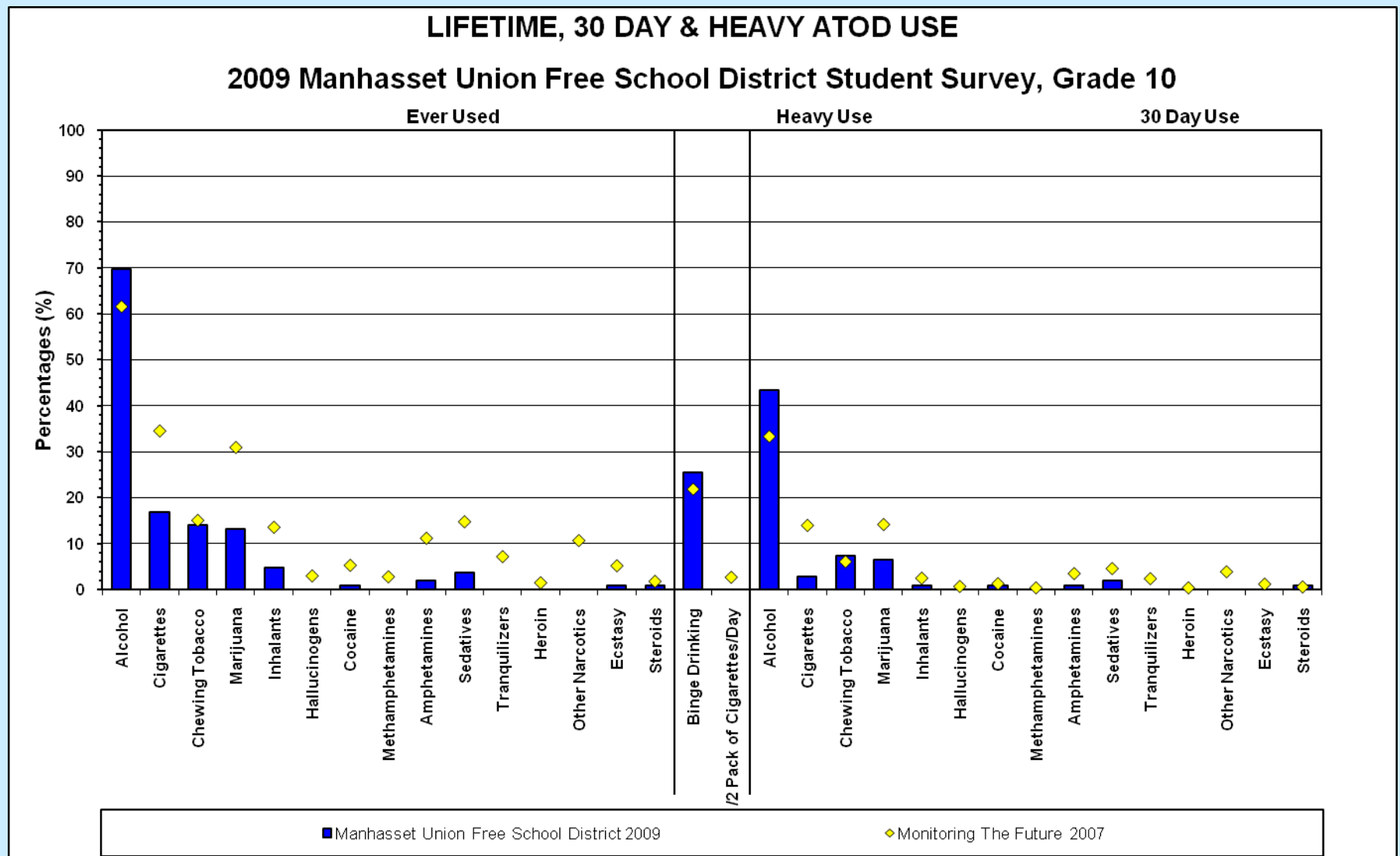
### 2009 Manhasset Union Free School District Student Survey, Grade 10



■ Manhasset Union Free School District 2009

◆ Monitoring The Future 2007

# 2009 Bach Harrison Results



*Adolescents Drink Less Frequently Than Adults, But When They Do Drink, They Drink More Heavily Than Adults.* When youth between the ages of 12 and 20 consume alcohol, they drink on average about five drinks per occasion about six times a month, as indicated in Figure 4. This amount of alcohol puts an adolescent drinker in the binge range, which, depending on the study, is defined as “five or more drinks on one occasion” or “five or more drinks in a row for men and four or

#### Adolescents Drink Less Often but More Per Occasion Than Adults

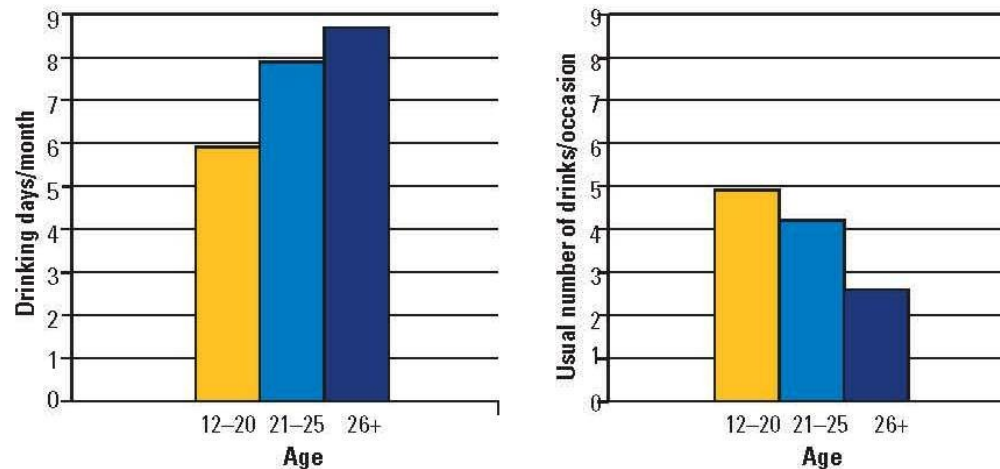


Figure 4: Number of Drinking Days per Month and Usual Number of Drinks per Occasion for Youth (12–20), Young Adults (21–25), and Adults (26 and older).

Source: SAMHSA data from 2005 NSDUH

## SURGEON GENERAL'S CALL TO ACTION (2007)

# RITE OF PASSAGE ?

## HARMLESS FUN ?

- ◆ A growing body of research shows that alcohol can change the way the brain works and the way it's wired, and may have consequences reaching far beyond adolescence
- ◆ Many more dangers of underage drinking are immediate, including alcohol poisoning, sexual and physical assault, and motor vehicle crashes. Underage drinking is a serious problem, with roots deep in our culture
- ◆ Almost 1 in 10 (9.4 percent) of persons aged 12 to 20 met the criteria for a diagnosable alcohol use disorder (NSDUH).

*(Start Talking Before They Start Drinking)*



# **YOU ARE THE MOST POWERFUL INFLUENCE ON YOUR CHILD'S BEHAVIOR**

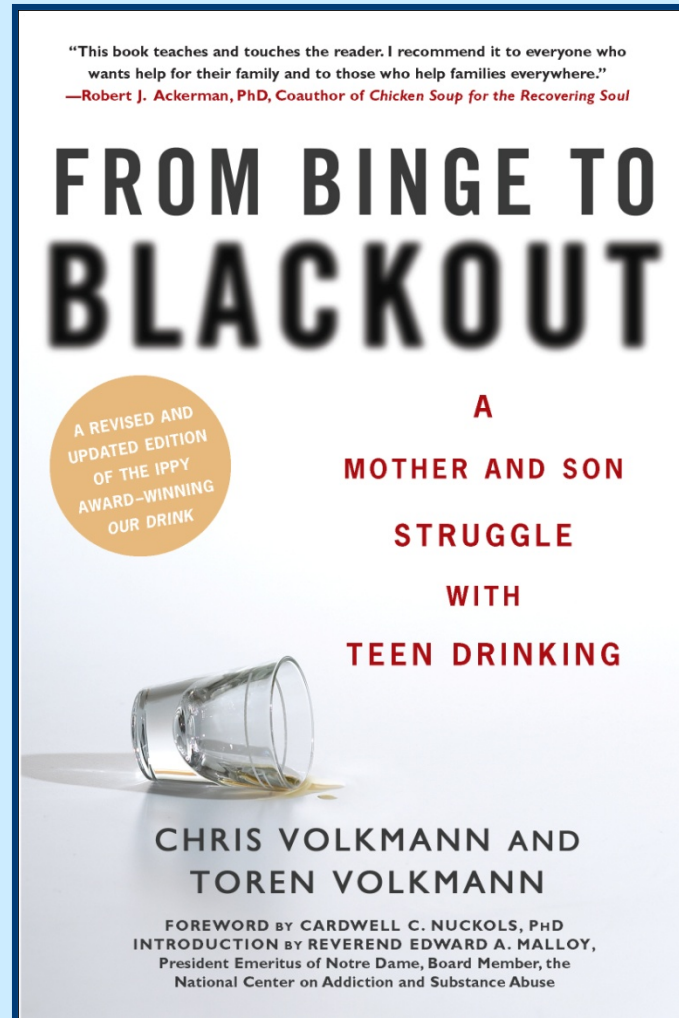
**Studies show an association between early drinking to heavy alcohol consumption and alcohol-related problems in adulthood.**

**Individuals who begin drinking alcohol before the age of 15 are about 7 times more likely than those who start after age 21 to develop alcohol problems**

*(Start Talking Before They Start Drinking)*

# FROM BINGE TO BLACKOUT

Toren Volkmann



# Questions & Answers

- **Toren Volkmann, *From Binge to Blackout***
- **Oscar Michelen, Esq. *The Law Squad***
- **Nancy Morris, *State Farm Agent/Owner***
- **Dr. Jeffrey Reynolds, *Executive Director***  
*Long Island Council of Alcoholism & Drug Dependencies*

# Manhasset CASA

*Prevention through Connection*



For more information regarding the

**Bach Harrison Survey Results**

go to

**[www.manhassetcasa.org](http://www.manhassetcasa.org)**