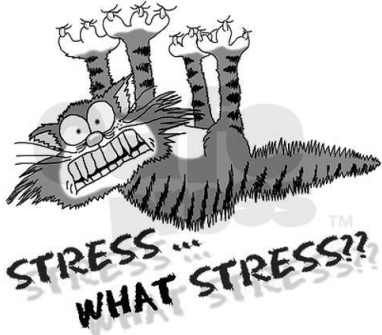


One Hour Community Service Available

# Stressed Out?!



***OVERWHELMED by school, tests, relationships, friends, family, and thoughts of the FUTURE?***

***Join Your Friends & Classmates***

***on***

***Thursday, February 26, 2015***

***3:30 pm Black Box Theatre***

***For LICADD's Stress Management Program ...So You don't have to feel like that anymore!***

***LICADD's Stress Management Program teaches techniques and skills that can help you feel calmer and more in control during life's stressful situations!***

