

WINTER/SPRING 2014

The Power of Parenting

sponsored by the
Manhasset Public Library and
the Friends of the
Manhasset Public Library

SIX UNIQUE PARENTING WORKSHOPS

AT THE MANHASSET PUBLIC LIBRARY

offered at 1:00 p.m. or 7:00 p.m. to provide parents with the skills and insight necessary to raise healthy and responsible youth in today's world. The series features educators from the Cornell Cooperative Extension of Suffolk County's Family Health and Wellness Program.

- **Wednesday, February 12, 2014**
Families in the Fast Lane (E/MS/HS)
Parents will learn how to slow down, find time for family talk and fun, and simplify their lifestyle to make it more family-friendly.
- **Wednesday, February 26, 2014**
Raising Responsible Children (E)
This workshop for parents of 5 to 12 year-olds will explore parenting practices that teach children responsibility for schoolwork, home, and relationships.
- **Thursday, March 6, 2014**
Red Flag Behaviors: When to Worry About Adolescents (MS/HS)
Even normal teen behavior can seem pretty strange at times! So parents need to be ready when teens exhibit certain patterns of high-risk behavior.
- **Wednesday, March 19, 2014**
Big Spenders, Pushovers, & Helicopters (E/MS)
Are you an over-indulgent parent? Discover if you're a big spender, pushover, or helicopter parent and learn ways to avoid these parenting pitfalls and raise a child of character.
- **Thursday, April 3, 2014**
Help! My Kid is a Tween! (6th grade and MS)
Parents will learn how to anticipate and plan for the changes that occur in pre-adolescence, including strategies for guiding your tween in a positive way.
- **Thursday, April 24, 2014**
Talking with Kids about Tough Topics (E/MS/HS)
Communicating about tough topics like sex or drugs can be difficult for any parent to navigate. This workshop explores what to say and how to say it so parents can provide their children with the information and values they need to avoid risk behaviors.



Registration Required:

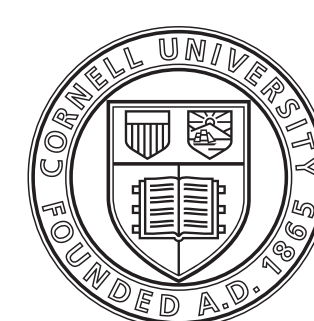
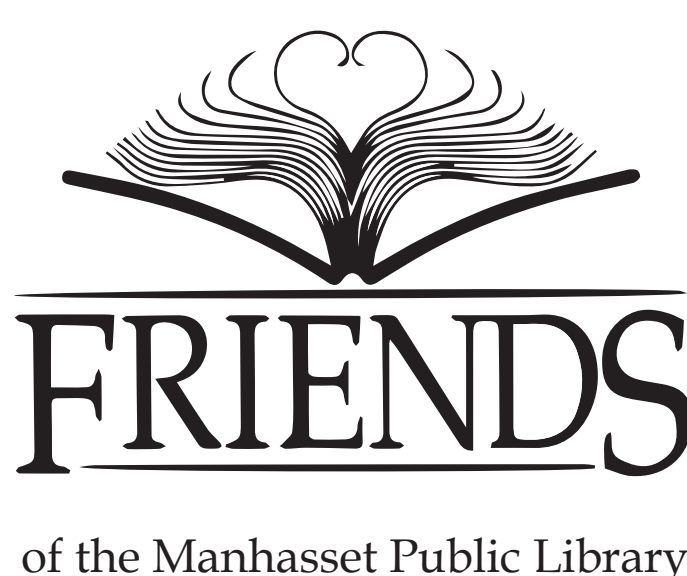
Signup at First Floor Circulation Desk or

Call 516-627-2300 x 301 or

Go to manhassetlibrary.org or manhassetcasa.org &
Click SignUpGenius Link!

Workshop Location: Secret Garden Room/3rd Floor

WORKING TOGETHER TO STRENGTHEN FAMILIES & HELP KIDS GROW UP TO BE HEALTHY & SAFE



Cornell University
Cooperative Extension
of Suffolk County
Family Health and Wellness Program

