

3 part series for parents (grades K-6)

Featuring Tim Jahn, M.Ed of the Cornell Cooperative Extension's Family Health & Wellness Program

Active Parenting NOW

A video-based parent education program that helps parents learn new skills in communication, problem-solving and conflict resolution.

This series will build on the principles of our previous Active Parenting Series and discuss

- How parents can build courage and self-esteem in children
- How to deal with power struggles
- Understanding and redirecting misbehavior as well as handling anger



Join us at
**Manhasset
Public Library**
COMMUNITY ROOM

This is a 3-part series with attendance recommended on all three dates.

Part 1

Thursday, November 3
10:30AM

Part 2

Thursday, November 10
10:30AM

Part 3

Thursday, November 17
10:30AM

Register
at the SignUpGenius link
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