

# The Power of Parenting

Sponsored by:

Senator Jack M. Martins  
Manhasset Public Library  
Manhasset CASA

## AN EDUCATION SERIES AT THE MANHASSET PUBLIC LIBRARY

*Providing parents & caregivers with the skills, insight and knowledge they need to raise healthy and responsible youth in today's world.*

### •**Building Resiliency in our Children (K-6)**

**Thursday, January 28, 2016** 1:00PM & 7:00PM

Featuring Vanessa McMullan, LCSW, clinical social work supervisor at The Marks Family Right From The Start 0-3+ Center of North Shore Child & Family Guidance Center. The program will discuss the importance of fostering resiliency in children as a foundation for raising healthy and self-confident youth.

### •**Understanding Marijuana in 2016**

**Thursday, February 25, 2016** 7:30PM

\*3:30 p.m. for students at Manhasset HS

Featuring Dr. Kevin Sabet, consultant and past advisor on drug policy to three U.S. presidential administrations. He is director of Project SAM (Smart Approaches to Marijuana), which he founded with former Congressman Patrick J. Kennedy and is the author of *Reefer Sanity: Seven Great Myths about Marijuana*. Parents and residents are invited to this timely presentation about the current trends and issues in marijuana use and how it impacts our teens, schools and communities.

### •**Winning Ways to Talk with Kids (K-6)**

**Thursday, March 31, 2016** 1:00PM & 7:00PM

Featuring Dinah Torres-Castro, Bilingual Family Well-being Educator at the Cooperative Extension of Suffolk County Family Health and Wellness Program. This workshop is designed to help parents and caregivers communicate effectively with children at every stage of their development as well as learn how to avoid communication breakdowns and become better listeners.



### REGISTRATION REQUIRED

Go to [manhassetlibrary.org](http://manhassetlibrary.org) or [manhassetcasa.org](http://manhassetcasa.org)  
& click [SignUpGenius Link!](#)

**Location: Manhasset Public Library Community Room**

WORKING TOGETHER TO STRENGTHEN FAMILIES & HELP KIDS GROW UP TO BE HEALTHY & SAFE

